

Nate Robinson Helps Children of the Jordan Boys & Girls Club Build a Healthy Lifestyle

Boston Celtics guard Nate Robinson and Strength and Conditioning Coach Bryan Doo, spoke to members of the Jordan Boys & Girls club in Chelsea on Monday February 14, about maintaining a healthy and active lifestyle as part of the Celtics "Fit to Win" program presented by Covidien.

The program featured Robinson and Doo judging a fruit creation contest with the Boys & Girls Club members and a physical-activity component that educated the kids about leading healthy lifestyles. Participants in the program all received a t-shirt, an autographed team poster and tickets to an upcoming game.

The "Fit to Win" program presented by Covidien, a leading global healthcare products company, teaches children fun and easy steps for maintaining a healthy and active lifestyle. The Chelsea event featured Boston Celtics guard Nate Robinson leading chil-

dren from the Jordan Boys & Girls Club in Chelsea through healthy eating activities showcasing the importance of fruits and vegetables, as well as exercise activities including jump roping and an obstacle course challenge led by Celtics Strength and Conditioning Coach Bryan Doo.

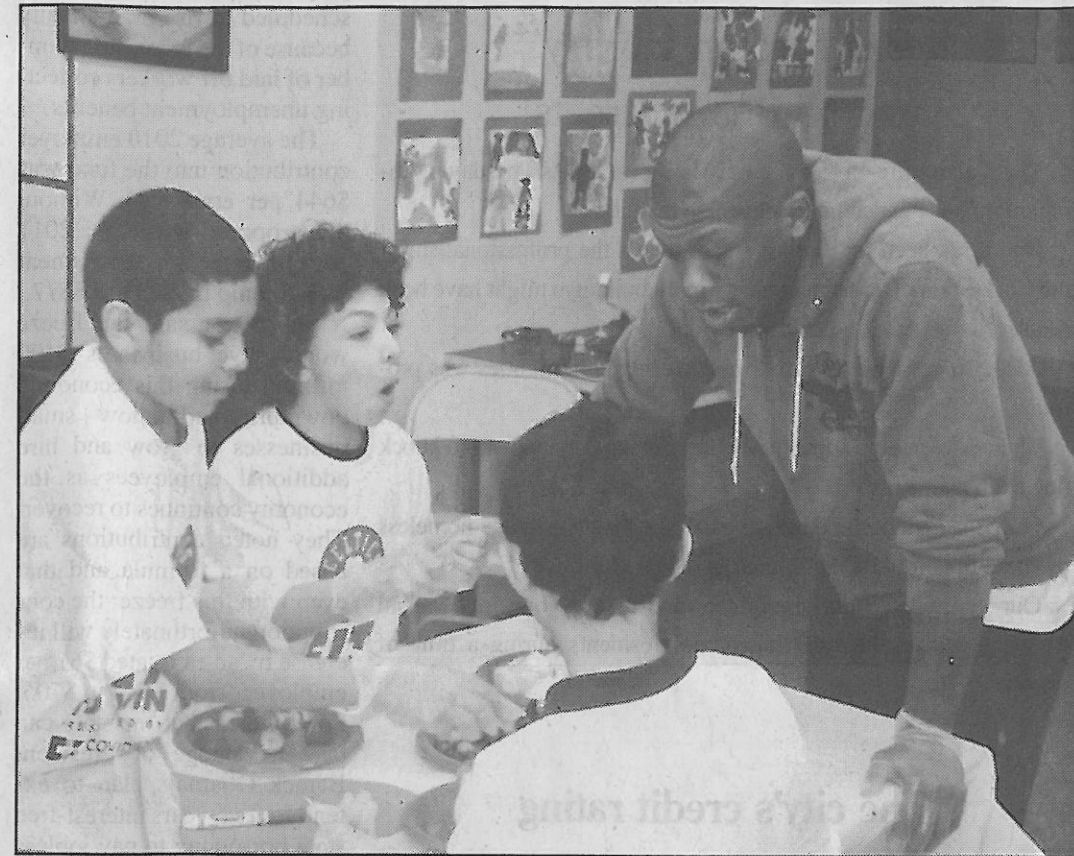
The children of the Jordan Boys & Girls Club all received a t-shirt, an autographed team poster, and tickets to an upcoming game. The program in Chelsea is one of five events at area Boys and Girls Clubs that will place an emphasis on healthy lifestyle choices that kids can make.

"I really enjoyed meeting and talking with the children at the Jordan Boys & Girls Club today," Celtics guard Nate Robinson said. "Eating healthy and getting the right amount of physical activity in everyday is extremely important for these young children. With encouragement to eat more nutritious food and

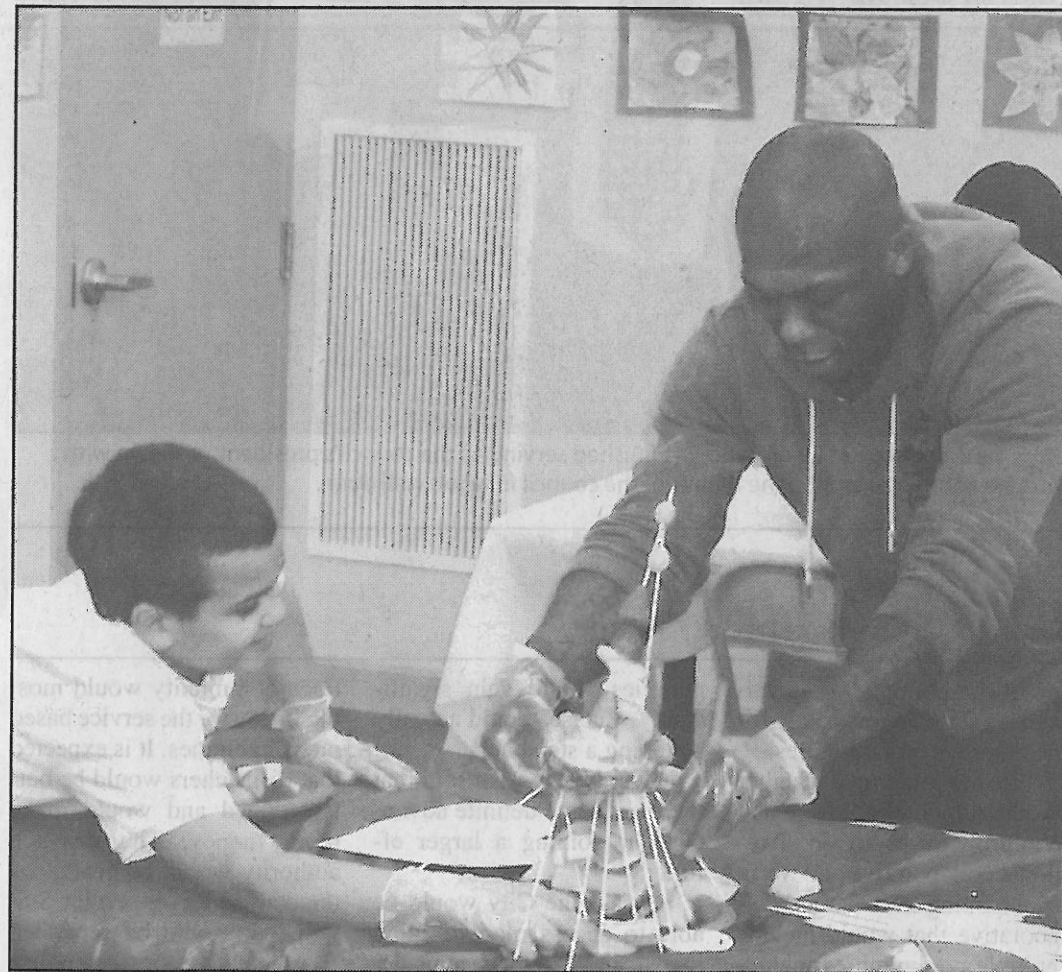
to stay active, these children will live a much healthier lifestyle."

For more information about the Celtics partnership with Covidien, log onto www.celtics.com.

About The Boston Celtics
A charter member of the Basketball Association of America (which evolved into the National Basketball Association) since 1946, the Boston Celtics have won a record 17 NBA Championships, including eight (8) in a row from 1959-1966, and have won NBA titles in three different eras. In addition, 32 former Celtics players, management or staff have been inducted into the Naismith Memorial Basketball Hall of Fame. In December 2002 the team returned to local ownership for the first time since 1963. For more information on the Celtics, log on to www.celtics.com.



(left to right): Sergio Hernandez, Giovanni Rodrigues, Javany Velez, and Nate Robinson.



(left to right): Anthony Rubiern and Nate Robinson.



(left to right): Anthony Rubiern, Nate Robinson, Joseph Santos, and Ulisses Frazo.